



DISCIPLINE AND SPIRITUAL GROWTH

Scriptural Reading:
Ezra 7: 7-10

SUNDAY
7TH
JUNE
2020

Spiritual race is very tedious and discipline is one of the things that can keep you standing through times. Many began the race earnestly and devotedly but abandoned it in-between, blaming their derailment on various issues. Spirituality requires steadfastness of which self-discipline is an inevitable tool of achieving appreciable growth. It is referred to as self-control in some passages of the scriptures. It involves tolerating more discomfort, being a little more patient, delaying of gratification, refraining from impulsive responses and many more such seemingly little ways. Can it be called moderation in life? Whatever it may be, it is impossible to tarry and grow in faith if you lack it.

Self-control or what we also call discipline is listed in Galatians 5: 22-23, among other virtues, as fruit of the Holy Spirit. It then means that it is the Holy Spirit who brings about this ability in the believer. "It is God who is at work in you, both to will and to work for his good pleasure" (Philippians 2: 13). Implore the Holy Spirit then to empower you for self-discipline.



MEDITATION:

What is the proof of my self control?



STRATEGIC PRAYER POINTS:

1. Pray the prayer of resolution, to maintain a constant prayer life.
2. Pray against distraction and compromise.
3. Pray for a greater anointing in your ministry of calling.
4. Pray for the church and her leaders, the Catholic Charismatic Renewal of Nigeria at prayer group, deanery, diocesan, provincial and national levels.
5. Present your private intentions to God
6. Say your daily Prophetic prayer (page 6)

DAILY PROPHETIC PRAYERS

Oh Lord God of power and might we praise and thank you for your goodness and mercy in my life. I acknowledge that you are the only one true God and the Almighty who can do all things, who knows all things and who is everywhere at the same time.

I beseech you Lord to show me your mercy and forgiveness, I have sinned against you through my thoughts, words and actions. Through your sacrificial death on the cross I receive mercy and boldness to approach your throne of grace.

Let the precious blood of Jesus wash me and make me whiter than snow. Heal me oh Lord by your wounds that I may be totally restored.

I receive your Grace to rise above every limitation.

I receive your Grace to move from Glory to Glory. I proclaim my total freedom in the mighty name of Jesus.

I shall testify the goodness of God in the land of the living in the most powerful name of Jesus.

I shall not die but live to declare the goodness of God I shall not be put to shame for the Lord is by my side. I shall glorify the Lord all the days of my life.

PRAYER TO ST MICHAEL THE ARCHANGEL AGAINST THE FORCES BEHIND COVID - 19.

Holy Michael, the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God cast into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls.

Amen.

WE PRAY WITH ST JUDE THE PATRON OF DIFFICULT CASES AGAINST THE SPREAD OF CORONA VIRUS

O most holy apostle, Saint Jude, faithful servant and friend of Jesus, the Church honoureth and invoceth thee universally, as the patron of hopeless cases, and of things almost despaired of. Pray for me, who am so miserable. Make use, I implore thee, of that particular privilege accorded to thee, to bring visible and speedy help where help was almost despaired of. Come to mine assistance in this great need, that I may receive the consolation and succor of Heaven in all my necessities, tribulations, and sufferings, particularly... (insert your prayer request here, especially the menace of COVID - 19 Pandemic) ...and that I may praise God with thee and all the elect throughout eternity.

I promise thee, O blessed Jude, to be ever mindful of this great favour, to always honour thee as my special and powerful patron, and to gratefully encourage devotion to thee.

Amen.